NY Region Meeting List by Area - September 2026

NFG Group Name	Address	NY Area	Group Code	Group Type	Location Name	DAY / TIME	Notes	Status	Zoom Information
					Western NY: Erie, Chautauqua, Niagara				
Peace of Mind	1025 Borden Road	Depew, New York 14043	111-011	Nar-Anon	Lord of Life Lutheran Church	6:30 PM Monday 1st Monday of each month	We only meet 1st Monday of each month.	In-Person	
Clarity Way	6919 Transit Road	East Amherst, New York 14051	111-012	Nar-Anon	St. Mary's School	6:30 PM 1st, 3rd and & 5th Monday		Active - In Person	We meet on 1st, 3rd and & 5th Monday of each month except meet on Tuesday 9/8 instead of Monday 9/7 Labor Day. Park behind school and enter through double glass doors, turn left, last room on left P108
Hope For Life	556 East Second St.	Jamestown, New York 14701	111-056	Nar-Anon	Immanuel Lutheran Church	7:00 PM Tuesday	Report on the NY Region Website Jan.7, 2024 a person went to this meeting a couple of times nobody there.		
Hope Begins	51 Colonial Circle	Buffalo, New York 14222	111-004	Nar-Anon, Nar-Anon Virtual	St John's Grace Episcopal Church	7:00 PM Wednesday	We meet both in person and virtually In-person: Enter through the brown courtyard door off Lafayette - Dining Room 2nd floor For the virtual meeting link, please either contact hopebegins36@gmail.com or go to the NY region website at https://www.nynaranon.org	Active HYBRID	We meet both in-person and virtual Meeting ID: 782 272 830 PW: 034213
Heartsease	21 Main Street	Lockport, New York 14094	111-104	Nar-Anon	Fig Tree Fellowship - Suite G-4	7:00 PM 2nd & 4th Thursday of each month	Entrance Access Via The Rear Parking Area/ Meeting in the basement area. For more information - please email: khubertbickel@gmail.com	Active	As of Feb 2025, the meeting is on Hold for a few months, please check back later. If you have any questions or need help, please get in touch with khubertbickel@gmail.com
					Finger Lakes: Genesee, Monroe, Yates, Ontario				
Peace-Seekers	350 Bank St.	Community Room- Lower Level Batavia, NY 14020	111-066	Nar-Anon	Northgate Free Methodist Church South	6:30 - 7:45 PM Monday		Active	
If Nothing Changes	2653 Nichols St.	Spencerport, New York 14559	111-030	Nar-Anon	Spencerport Wesleyan Church	6:30 PM Tuesday		Active - In Person	
When in doubt do nothing	1290 Titus Avenue	Rochester, New York 14617	111-082	Nar-Anon	Irondequoit Public Library	6:30 PM Tuesday	Room # assigned weekly, check at the desk.	Active	
Hope Begins Here	25 Franklin Street	Dansville, NY 14437	111-111	Nar-Anon	Danville Free Methodist Church	7:00 PM Tuesday		Active- In Person	
Rays of Hope	550 Webster Rd	Webster, NY 14580	111-045	Nar-Anon	Webster Presbyterian Church	5:30 - 6:45 PM Wednesday	There will be no meeting on December 24, 2025, or December 31, 2025. Room 9	Active - In Person	
You're Not Alone	644 Titus Ave	Rochester, NY 14617	111-033	Nar-Anon, Nar-Anon Virtual	Irondequoit United Methodist Church of Christ	7:00 PM Thursday	We meet both in person and virtually. Please contact JOHN @ jhamilton46@hotmail.com for virtual meeting info.	Active - Hybrid	http://us02web.zoom.us/j/504579821 Zoom ID; 504 579 821 Passcode: courage

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Keep Coming Back	1230 Long Pond Rd.	Rochester, NY 14626	111-034	Nar-Anon	Greece Baptist Church	8:30 AM Saturday	Use the back of church entrance #6	Active - In-Person	
				Central NY: Cayuga, Onondaga, Madison, Oneida					
Soul Searchers	126 S. Terry Road	Syracuse, NY 13219	111-057	Nar-Anon Nar-Anon Virtual	Robinson Memorial Church	7:00 PM Monday	Meetings will be held in person as well as online. Please contact George at gwejrgm@gmail.com email for information.	Active - HYBRID	Meeting ID: 212 121 826 Password 791903 Confirmed 06/27/2022 - Email response Zoom Address Not verify
Hopeful Hearts	4112 E Genesee St.	Dewitt, NY 13224	111-067	Nar-Anon Virtual	Holy Cross Church	7:00 PM Wednesday	No face to face meeting at this time	Active Virtual	Please contact Crust1015@gmail.com for virtual meeting info. Meeting ID: 212 121 826 Password: 791903 Confirmed 06/27/2022 - Email response
				North Country: Lewis, Essex, Clinton, Jefferson					
				Capital District: Albany, Columbia, Greene, Montgomery					
Never Alone	1222 Troy Schenectady Rd.	Schenectady, New York	111-008	Nar-Anon	Capital Church	7:00 PM Tuesday		Active In-Person	
Healing Springs Family Group	175 5th Avenue	Saratoga Springs, New York 12866	111-084	Nar-Anon	United Methodist Church	7:00 PM Tuesday		Active	
NarAnon Family Group	144 Main Street	South Glens Falls, New York 12803	111-053	Nar-Anon Nar-Anon Virtual	The Moreau Community Center	7:00 PM Wednesday	We meet both in person and virtually. Please contact czecchini94534@gmail.com for the virtual meeting link.	Active HYBRID	Meeting ID: 885 1043 1254 Passcode: purpledoor https://us02web.zoom.us/j/88510431254?pwd=bWZKamxJWXBZRStLQTJvNnMvK2hqZz09
Journey of Hope	40 McBride Rd.	Mechanicville, NY 12118	111-060	Nar-Anon	St. Luke's On The Hill	7:00 PM **1st Thursday of the month**		Active	

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Pathway of Peace	17 S. Main Street	Berlin, NY 12022	111-112	Nar-Anon	The United Methodist Church at Berlin	7:00 PM Sunday	The first meeting is on November 17, 2024.	Active	
Steps of Hope	59 Pine Rd	Saratoga Springs, New York 12866	111-096	Nar-Anon	Grove Community Church	10:00 AM Saturday		Active - In Person	
					Westchester and Putnam Counties				
Just For Today	100 Underhill Street	Yonkers, New York 10710	111-047	Nar-Anon	St. John's Episcopal Church	7:30 PM Tuesday	Face mask requirements, and we will practice social distancing. Park in the lot next to the church. Meeting at The Butler Nursery School (red door)	Active - In Person	Confirmed 06/18/2022 - Email response
					Hudson Valley: Sullivan, Ulster, Dutchess, Orange, Rockland				
Seeking Serenity	70 Scofield Street	Walden, New York 12586	111-092	Nar-Anon	First Reformed Church	7:30 PM Wednesday	There will be no meeting on the last Wednesday of every month Entrance on Church Street.	Active - In Person	
Courage to Change	25 Smith St.	Nanuet, NY 10954	111-058	Nar-Anon Virtual	Nanuet Pavillion	7:30 PM Wednesday	No face-to-face meeting at this time due to the pandemic. ID: 329 479 1946 Passcode Naranon	Active Virtual	https://us02web.zoom.us/j/3294791946?pwd=YnVoMHFoSjNnMnlyZTFISmhkMjNHUT09
					Staten Island				
						Bronx			
New Light	1082 Edison Avenue	Throgs Neck, New York 10465	111-041	Nar-Anon	St. Benedicts Church	7:00 - 8:15 PM Wednesday	In-Person Only Email Received from Rita C. 10/5/2024	Active - In Person	
						Manhattan			

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New Beginnings	239 West 49th Street	New York, New York 10019	111-041	Nar-Anon Virtual	St. Malachy's Church	6:15 PM Tuesday	No face to face meeting at this time due to the pandemic. Please contact nycnaranon@gmail.com for virtual meeting info. ID: 869 5441 5512 Password: 121212	Active Virtual	https://us02web.zoom.us/j/86954415512?pwd=U0dQbIg0aFpjVmV6a3BXZDZ50UxDZz09
						Brooklyn			
Miracles In Crown Heights	777 Classon Avenue	Brooklyn, NY 11238	111-108	Nar-Anon	St. Teresa of Avila Church	7:00 - 8:00PM Monday	***Conference Room*** 03/19/2024 - Email Response Secretary	In-Person	*Contact secretaryofmich@gmail.com For Login Information* ***Starting 4-6-2026 back to In-Person Only*** Meeting Entrance at 563 Sterling Place [Next Door from AA Meeting] 03/19/2024 - Email Response Secretary
Miracles In Brooklyn	607 Humboldt Street	Brooklyn, New York 11222	111-097	Nar-Anon Virtual	St. Stanislaus Church	7:00 PM Thursday	Please contact Naranonbrooklyn@gmail.com for the virtual meeting link. OPEN Meeting (Located through the gates all the way in the back on the right) 1st Thursday of Month - Step/Tradition Study|2nd & 4th Thursdays – Beginners|3rd Thursday of Month - Topic/Business	Active Hybrid	https://us02web.zoom.us/j/86293787919?pwd=QIlmVU94OEcrK2tCT3J5RzRFZmxqQT09
						Queens County			
Never Alone	154 - 24 26th Avenue	Flushing, New York 11354	111-046	Nar-Anon	St. Mels Catholic Academy	7:30 - 9:00 PM Tuesday		Active - In Person	Confirmed 3/21/2022 - Email Response
Forest Hills Freedom Group	50 Ascan Avenue Meeting in the narthex	Forest Hills, New York 11375	111-015	Nar-Anon	Church in the Garden	7:30 PM Wednesday	Please contact FreedomGroupFH@gmail.com If you need more information. 1st Wednesday of the month - Steps+Traditions 2nd, and 4th -New Comers 3rd and 5th - Topic	Active In Person	Please contact FreedomGroupFH@gmail.com If you need more information.
						Nassau County			
Step Into Serenity	240 Haypath Road	Old Bethpage, New York 11804	111-027	Nar-Anon Nar-Anon Virtual	Haypath Road Community Center	7:30 PM Monday	Confirmed 12/09/2022 - Email Response	Active - HYBRID	Meeting ID: 105 898 670 Passcode: 927600

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Saturday Morning Courage to Change	1309 Wantagh Ave. Room 12	Wantagh, New York 11793	111-076	Nar-Anon Nar-Anon Virtual	St. Frances De Chantal	Saturday 9:30 - 10:45 AM	We meet both in person and virtually. Please contact Couragetochange59@gmail.com for virtual meeting information. Meeting ID: 950 933 574 Password: 317710	Active HYBRID	https://us02web.zoom.us/j/9509335 74?pwd=K0hWMIFxQncwa2d3bE1pQU9xdnRVQT09
					Suffolk County				
No Longer Alone		Amityville, New York 11701	111-040	Nar-Anon Virtual		7:30 PM Tuesday	Our meeting is virtual only. Please contact cczurda@optonline.net for the virtual meeting link. BEGINNERS ARE WELCOME AT ALL MEETINGS. ID: 537 533 168 Passcode: 048626	Active Virtual	https://zoom.us/j/537533168 Passcode 048626
Suffolk Connection	175 East Main Street	Smithtown, New York 11787	111-036	Nar-Anon Nar-Anon Virtual	First Presbyterian Church	7:30 PM Tuesday	We meet both in person ans also virtual. Please contact naranonsuffolkconnection@gmail.com for the virtual meeting link.Meets on 2nd floor Newcomers are welcome at all meetings.	Active - HYBRID	Meeting ID: 832 2915 4033 Password: 0011789 Confirmed 06/22/2022 - Email Response
Real People Too	131 Middle Road	Sayville Long Island, NY 11781	111-002	Nar-Anon Nar-Anon - Virtual	Sayville Congregation United Church of Christ	7:15 - 8:45 PM Thursday	We meet both in-person and virtual. Please contact realpeopletoonaranon@gmail.com for the virtual meeting link. Newcomers Welcome meeting every Thursday 7:00 pm | Step Meeting on the 3rd Thursday of each month. Confirmed 06/17/2022 - Email Response	Active - HYBRID	https://us02web.zoom.us/j/21238650160
					Virtual Only				
You're Worth It			111-073(V)	Nar-Anon Virtual		7:00 PM Monday	Confirmed 04/13/2023 - Email response Meeting ID: 820 6303 8677 Passcode: 363636	Active Virtual	https://us02web.zoom.us/j/82063038677?pwd=REtEQzNPMVFpZEdPNlhZZFhoMkt0UT09
Safe Harbor			111-020(V)	Nar-Anon Virtual		7:30 PM Monday	Please contact SafeHarbor.naranon@yahoo.com for virtual meeting info.	Active Virtual	https://us02web.zoom.us/j/7821590756?pwd=Qkp2MVBPR001RmFRUHdCMkY3NnBwZz09
New Beginnings	New York, NY 10019		111-042(V)	Nar-Anon Virtual		6:15pm Tuesday	Please contact naranonnewbeginnings@gmail.com for virtual meeting info.	Active Virtual	https://us02web.zoom.us/j/86954415512?pwd=U0dQblg0aFpjVmV6a3BXZDZ5OUxDZz09
Travel to Peace			111-037(V)	Nar-anon Virtual		8:00 PM Tuesday	Please contact guymagg@yahoo.com for virtual meeting info.	Active Virtual	https://us02web.zoom.us/j/730055793?pwd=b0dsMmcxbm5tVEd2MWtjNjhxNVJCUT09
Courage To Change			111-038(V)	Nar-Anon Virtual		12:00 PM Thursday	Please contact gladysdeltio@yahoo.com for virtual meeting info. Reported to NY Region - Email Guy 7-19-23	Active Virtual	https://us02web.zoom.us/j/730055793?pwd=b0dsMmcxbm5tVEd2MWtjNjhxNVJCUT09
You're Not Alone		Rochestere, New York 14620	111-033	Nar-Anon Virtual	Saint Anne Church	7:00 PM Thursday	No face to face meeting at this time. Please contact JOHN @ jhamilton46@hotmail.com for virtual meeting info.	Active Virtual	Meeting ID: 504 579 821 Passcode: courage

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Saturday Serenity			111-039(V)	Nar-Anon Virtual		10:00 AM Saturday	Please contact guymagg@yahoo.com for virtual meeting info.	Active Virtual	https://us02web.zoom.us/j/730055793?pwd=b0dsMmcxbm5tVEd2MWtjNjhxNVJCUT09
Saturday Night Survivors			111-043(V)	Nar-Anon Virtual		7:00 -8:15 pm Saturday	Zoom Meeting ID 847 8429 9134 Password 589276	Active Virtual	https://us02web.zoom.us/j/84784299134?pwd=aVJJQVBTYlhBeWpxRkl6V2IzREILUT09
Virtual Serenity			111-105(V)	Nar-Anon Virtual		7:30 PM Sunday	Zoom Meeting ID: 838 6458 2592 Password: 423436	Active Virtual	https://us02web.zoom.us/j/83864582592?pwd=aIFXVHhPajAxSDhjNnNmNGh0OVo5Zz09
Grupo de apoio de família			111-107(V)	Nar-Anon Virtual		8:00 PM Thursday	Please contact flavia_msukert@hotmail.com for the virtual meeting link.	Active Virtual	

Please view our website for any updates to this list.

Any Question about this List Email – nynfgwebsite@gmail.com

Nar-Anon World Service Organization
www.nar-anon.org

New York Region
www.nynaranon.org

Nar-Anon Suffolk/Nassau Area
www.naranonsuffolknassauli.org

Meeting Information HOTLINE
1 888 333-9815

Open and Beginners meetings are especially for newcomers to Nar-Anon, anyone whose personal life has been affected by close contact with an addict, or anyone wanting to learn how the disease of addiction affects the family. Other meetings are for Nar-Anon members only and are considered closed.
Note: You need only be affected by close contact with an addict to be considered a member.
Narateen Meetings are designed for teen Nar-Anon members.