

# What are your thoughts?



Nar-Anon literature is created by members for members.

Work is underway now on the next section in the Nar-Anon 36.

Have you thought about the Nar-Anon Traditions?

Have you applied the Nar-Anon Traditions in your group, or in your service work?

Have you applied the Nar-Anon Traditions in your personal life?  
Or in your family life?

If so, jot down your thoughts and send them to [LitCom@Nar-Anon.org](mailto:LitCom@Nar-Anon.org)

The need right now is for member writings about Traditions 3 through 12

We would like your thoughts about what the Tradition means.

Also, if you have a short personal story about how you use the Traditions.  
We need text, and also member shares.

Email to [LitCom@Nar-Anon.org](mailto:LitCom@Nar-Anon.org)