

NY Region Meeting List by Area - March 2024



NFG Group Name	Address	NY Area	Group Code	Group Type	Location Name	DAY / TIME	Notes	Status	Zoom Information
					Western NY: Erie, Chautauqua, Niagara				
Peace of Mind	1025 Borden Road	Depew, New York 14043	111-011	Nar-Anon	Lord of Life Lutheran Church	6:30 PM Monday 1st Monday of each month	We only meet 1st Monday of each month.	In-Person	
Clarity Way	6919 Transit Road	East Amherst, New York 14051	111-012	Nar-Anon	St. Mary's School	6:30 PM Monday	Park behind the school and enter through the RED door. Go down the stairs and straight into our meeting room, classrooms 008/009.	Active - In Person	
Hope For Life	556 East Second St.	Jamestown, New York 14701	111-056	Nar-Anon	Immanuel Lutheran Church	7:00 PM Tuesday	Report on the NY Region Website Jan.7, 2024 a person went to this meeting a couple of times nobody there.		
Hope Begins	51 Colonial Circle	Buffalo, New York 14222	111-004	Nar-Anon, Nar-Anon Virtual	St John's Grace Episcopal Church	7:00 PM Wednesday	In-person: enter through the brown office door off Lafayette- Walter Lord Room, downstairs Virtual meeting info: www.nar-anon.org / other sites virtual Meeting Pamphlets/NY Region	Active HYBRID	We meet both in-person and virtual Meeting ID: 782 272 830 PW: 034213
Heartsease	21 Main Street	Lockport, New York 14094	111-104	Nar-Anon	Fig Tree Fellowship - Suite G-4	7:00 PM 2nd & 4th Thursday of each month	Entrance Access Via The Rear Parking Area/ Meeting in the basement area. For more information - please email: khubertbickel@gmail.com	Active	
Courage For Change	327 Pine St	South Dayton, NY 14138	111-078	Nar-Anon	Free Methodist Church	7:00 PM Thursday		Active	
					Finger Lakes: Genesee, Monroe, Yates, Ontario				
Peace-Seekers	350 Bank St.	Community Room- Lower Level Batavia, NY 14020	111-066	Nar-Anon	Northgate Free Methodist Church South	6:30 - 7:45 PM Monday		Active	
Serenity in the Finger Lakes	64 West Ave.	Canandaigua, NY 14424	111-106	Nar-Anon	FLACRA Connections: Rounded Recovery	6:00 - 7:00 PM Monday	The meeting is in the Conference room, enter the building and go through the main room, conference room on the other side of the main room, note on the door	Active - In Person	
Listen, Love and Learn	1400 Lehigh Station Road	Henrietta, New York 14450	111-095	Nar-Anon	United Church of Christ	6:00 PM Monday		Active - In Person	
If Nothing Changes	2653 Nichols St.	Spencerport, New York 14559	111-030	Nar-Anon	Spencerport Wesleyan Church	6:30 PM Tuesday		Active - In Person	
When in doubt do nothing	1290 Titus Avenue	Rochester, New York 14617	111-082	Nar-Anon	Irondequoit Public Library	6:30 PM Tuesday	Room # assigned weekly, check at the desk.	Active	
Rays of Hope	1030 Jackson Road	Webster, NY 14580	111-045	Nar-Anon	Northeast Quadrant Building	5:30 PM Wednesday	Meeting Room	Active - In Person	

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You're Not Alone	1600 Mt Hope Ave	Rochester, New York 14620	111-033	Nar-Anon Virtual	Saint Anne Church	7:00 PM Thursday	No face to face meeting at this time due to the pandemic. Please contact JOHN @ jhamilton46@hotmail.com for virtual meeting info.	Active Virtual	Meeting ID: 504 579 821 Passcode: courage Confirmed 9/7/2023 Email Response Please contact jhamilton46@hotmail.com for virtual meeting info.
Finger Lakes Nar-Anon	166 Main Street	Penn Yan, New York 14527	111-050	Nar-Anon	Penn Yan United Methodist Church	7:00 PM Thursday		Active	
Keep Coming Back	1230 Long Pond Rd.	Rochester, NY 14626	111-034	Nar-Anon Nar-Anon Virtual	Greece Baptist Church	3:30 AM Saturday	We meet both in person and virtually. Please contact nudodawn@hotmail.com for the virtual meeting link. Use the back of church entrance #6	Active HYBRID	
Central NY: Cayuga, Onondaga, Madison, Oneida									
Soul Searchers	126 S. Terry Road	Syracuse, NY 13219	111-057	Nar-Anon Nar-Anon Virtual	Robinson Memorial Church	7:00 PM Monday	Meetings will be held in person as well as online. Please contact George at gwejrgm@gmail.com email for information.	Active - HYBRID	Meeting ID: 212 121 826 Password 791903 Confirmed 06/27/2022 - Email response Zoom Address Not verify
Hopeful Hearts	4112 E Genesee St.	Dewitt, NY 13224	111-067	Nar-Anon Virtual	Holy Cross Church	7:00 PM Wednesday	No face to face meeting at this time	Active Virtual	Please contact Crust1015@gmail.com for virtual meeting info. Meeting ID: 212 121 826 Password: 791903 Confirmed 06/27/2022 - Email response
North Country: Lewis, Essex, Clinton, Jefferson									
Our Own Recovery	148 Co Rd 23	Harrisville, New York 13648	111-088	Nar-Anon	Pitcairn Wesleyan Church	5:00 PM Sunday		Active	
Capital District: Albany, Columbia, Greene, Montgomery									
Living With Hope	37 Division St.	Amsterdam, New York 12010	111-100	Nar-Anon	Saint Ann's Church	6:30 PM Monday		Active	
Serenity In Numbers	52 Green Street	Hudson, New York 12534	111-090	Nar-Anon Virtual	First Reformed Church	7:00 PM Monday	Please contact HUDSON.ny.naranon@gmail.com for virtual meeting info.	Active - Virtual	We only meet virtually at this time. Please contact HUDSON.ny.naranon@gmail.com for virtual meeting info. Reported by NY Rgion not changed on WSO 9-30-22 Confirmed 10/03/2021 - Email response
Never Alone	31 Vly Road	Colonie, New York 12205	111-008	Nar-Anon	Capital Church	7:00 PM Tuesday		Active	
Healing Springs Family Group	175 5th Avenue	Saratoga Springs, New York 12866	111-084	Nar-Anon	United Methodist Church	7:00 PM Tuesday		Active	

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Steps To Hope	144 Main Street	South Glens Falls, New York 12803	111-053	Nar-Anon Nar-Anon Virtual	The Moreau Community Center	7:00 PM Wednesday	We meet both in person and virtually. Please contact czechchini94534@gmail.com for the virtual meeting link.	Active HYBRID	
Journey of Hope	40 McBride Rd.	Mechanicville, NY 12118	111-060	Nar-Anon	St. Luke's On The Hill	7:00 PM Thursday		Active	
Steps of Hope	125 High Rock Ave	Saratoga Springs, New York 12866	111-096	Nar-Anon	Healing Springs Suite 105	10:00 AM Saturday		Active	
Westchester and Putnam Counties									
Just For Today	100 Underhill Street	Yonkers, New York 10710	111-047	Nar-Anon	St. John's Episcopal Church	7:30 PM Tuesday	Face mask requirements, and we will practice social distancing. Park in the lot next to the church. Meeting at The Butler Nursery School (red door)	Active - In Person	Confirmed 06/18/2022 - Email response
Hudson Valley: Sullivan, Ulster, Dutchess, Orange, Rockland									
Seeking Serenity	70 Scofield Street	Walden, New York 12586	111-092	Nar-Anon	First Reformed Church	7:30 PM Wednesday	There will be no meeting on the last Wednesday of every month Entrance on Church Street.	Active - In Person	
Courage to Change	25 Smith St.	Nanuet, NY 10954	111-058	Nar-Anon Virtual	Nanuet Pavillion	7:30 PM Wednesday	No face-to-face meeting at this time due to the pandemic.	Active Virtual	Please contact 845 222 6402 for virtual meeting information. Meeting ID: 329 479 1946 Password: Naranon Email received 3-13-2024
Bronx									
New Light	1082 Edison Avenue	Throgs Neck, New York 10465	111-041	Nar-Anon	St. Benedicts Church	7:00 - 8:15 PM Wednesday	No face to face meeting at this time due to the pandemic. Please contact 929 205 6099 for virtual meeting info.	Active - In Person	ID: 846 1750 5642 PW: Bronx Zoom Address Not Verify One tap mobile: +19292056099,84617505642# US(New York) +13017158592,84617505642# US(Washington DC) Dial your Location: +1 929 205 6099 us [New York] +1 301 715 8592 US [Washington DC] +1 312 626 6799 US [Chicago] +1 253 215 8782 US [Tacoma] +1 346 248 7799 US [Houston] +1 669 900 6833 US [San Jose]
Manhattan									
New Beginnings	239 West 49th Street	New York, New York 10019	111-042	Nar-Anon Virtual	St. Malachy's Church	6:15 PM Tuesday	No face to face meeting at this time due to the pandemic. Please contact nycnaranon@gmail.com for virtual meeting info.	Active Virtual	Meeting ID: 869 5441 5512 Password: 121212 Zoom Address Not verify One Tap Mobile +16465588656,86954415512#,,,,*121212# US (New York) +16469313860,86954415512#,,,,*121212# US

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						Brooklyn			
Miracles In Crown Heights	558 St John's Place	Brooklyn, NY 11238	111-108	Nar-Anon	Five Myles Gallery	7:30 - 8:30 PM Tuesday	Meeting start date April 4th, 2024. We meet both in person and virtual.	Active In Person	
Miracles In Brooklyn	607 Humboldt Street	Brooklyn, New York 11222	111-097	Nar-Anon Nar-Anon Virtual	St. Stanislaus Kostka Church (St. Stan)	7:30 - 8:30 PM Thursday	OPEN Meeting 1st Thursday of Month - Step/Tradition Study 2nd & 4th Thursdays – Beginners 3rd Thursday of Month - Topic/Business	Active - HYBRID	We meet both in person and also virtual. Please contact angeloa14@gmail.com or swirlyme@hotmail.com - for the virtual meeting link. Enter the gate left of the main cathedral doors past the glass doors and rectory entrance. The meeting room is attached to the main church building, almost in the back Meeting ID: 862 9378 7919 Password: 363636 One tap mobile: +1 646 558 8656 US (New York) +1 646 931 3860 US Confirmed 12/22/2023 - Email response Shirley
						Queens County			
Never Alone	154 - 24 26th Avenue	Flushing, New York 11354	111-046	Nar-Anon	St. Mels Catholic Academy	7:30 - 9:00 PM Tuesday		Active - In Person	Confirmed 3/21/2022 - Email Response
Forest Hills Freedom Group	50 Ascan Avenue	Forest Hills, New York 11375	111-015	Nar-Anon	Church in the Garden	7:30 PM Wednesday	1st Wednesday of the month - Steps+Traditions 2nd, and 4th - Beginner 3rd and 5th - Topic***Due to COVID-19 - meetings will be on Zoom.	Active In Person	Please contact FreedomGroupFH@gmail.com If you need more information.
						Nassau County			
Step Into Serenity	240 Haypath Road	Old Bethpage, New York 11804	111-027	Nar-Anon Nar-Anon Virtual	Haypath Road Community Center	7:30 PM Monday	Confirmed 12/09/2022 - Email Response	Active - HYBRID	Meeting ID: 105 898 670 Passcode: 927600
Hopeful in Hicksville	1025 Old Country Rd.	Westbury, New York 11590	111-019	Nar-Anon	Thrive Center	7:00 - 8:30 PM Thursday	Entrance on corner Bond Street & Old Country Road	Active In Person	Confirmed 8/23/2023 - Email Response
Saturday Morning Courage to Change	1025 Old County Rd.	Westbury, New York 11590	111-076	Nar-Anon Nar-Anon Virtual	THRIVE Community Center Suite 400	12:00 - 1:15 PM Saturday	First Saturday of every month starting 2/3/2024	Active HYBRID	Meeting ID: 950 933 574 Password: 317710
						Suffolk County			
New Hope	497 Pulaski Road	Greenlawn, New York 11740	111-016	Nar-Anon	First Presbyterian Church	7:30 PM Monday	1st and 3rd Monday - Beginners + Topic 2nd Monday - Topic 4th Monday Step	Active In Person	Confirmed 3/20/2023 - Email Response
Amityville NFG	400 Sunrise Hwy	Amityville, New York 11701	111-040	Nar-Anon Virtual	South Oaks Hospital	7:30 PM Tuesday	We meet in Auditorium - Front Room. 7:15PM Beginner, 7:30PM Regular Mtg. 1st Tuesday, Step Mtg. 2nd, 3rd, & 5th Tuesday, Topic Mtg. 4th Tuesday, Speaker, Open BEGINNERS ARE WELCOME AT ALL MEETINGS.	Active Virtual	Meeting ID: 537 533 168 Passcode: 048626

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Suffolk Connection	175 East Main Street	Smithtown, New York 11787	111-036	Nar-Anon Nar-Anon Virtual	First Presbyterian Church	7:30 PM Tuesday	We meet both in person and also virtual. Please contact naranonsuffolkconnection@gmail.com for the virtual meeting link. Meetings on 2nd floor. Newcomers are welcome at all meetings.	Active - HYBRID	Meeting ID: 832 2915 4033 Password: 0011789 Confirmed 06/22/2022 - Email Response
Real People Too	131 Middle Road	Sayville Long Island, NY 11781	111-002	Nar-Anon Nar-Anon - Virtual	Sayville Congregation United Church of Christ	7:30 - 9:00 PM Thursday	We meet both in-person and virtual. Please contact realpeopletoonaranon@gmail.com for the virtual meeting link. Confirmed 06/17/2022 - Email Response	Active - HYBRID	Meeting ID: 212 3865 0160 Passcode: None realpeopletoonaranon@gmail.com
						Virtual Only			
You're Worth It			111-073(V)	Nar-Anon Virtual;		7:00 PM Monday	Confirmed 04/13/2023 - Email response Meeting ID: 820 6303 8677 Passcode: 363636	Active Virtual	You can also contact naranoncanandaigua@gmail.com for more info. Meeting ID: 820 6303 8677 Passcode: 363636
Safe Harbor			111-020(V)	Nar-Anon Virtual		7:30 PM Monday	Please contact SafeHarbor.naranon@yahoo.com for virtual meeting info.	Active Virtual	Meeting ID: 782 159 0756 Password: 091468 Confirmed 06/21/2022 - Email Response Zoom Address Not verify
Travel to Peace			111-037(V)	Nar-anon Virtual		8:00 PM Tuesday	Please contact guymagg@yahoo.com for virtual meeting info.	Active Virtual	Meeting ID: 730 05 5793 PW: serenity Confirmed 07/15/2021 - Email response
Courage To Change			111-038(V)	Nar-Anon Virtual		12:00 PM Thursday	Please contact gladysdeltio@yahoo.com for virtual meeting info. Reported to NY Region - Email Guy 7-19-23	Active Virtual	Meeting ID: 730 05 5793 PW: serenity Confirmed 07/15/2023 - Email response
Saturday Serenity			111-039(V)	Nar-Anon Virtual		10:00 AM Saturday	Please contact guymagg@yahoo.com for virtual meeting info.	Active Virtual	Meeting ID: 730 05 5793 PW: serenity Confirmed 07/15/2023 - Email response
Saturday Night Survivors			111-043(V)	Nar-Anon Virtual		7:00 - 8:15 pm Saturday	Zoom Meeting ID 847 8429 9134 Password 589276	Active Virtual	Meeting ID: 847 8429 9134 Password 589276
Virtual Serenity			111-105(V)	Nar-Anon Virtual		7:30 PM Sunday	Zoom Meeting ID: 838 6458 2592 Password: 423436	Active Virtual	https://us02web.zoom.us/j/83864582592?pwd=alFXVHhPajAxSDhjNnNmNGh0OV05Zz09
Grupo de apoio de familia			111-107	Nar-Anon Virtual		8:00 PM Thursday	Please contact flavia_msukert@hotmail.com for the virtual meeting link.	Active Virtual	

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Please view our website for any updates to this list.

Any Question about this List Email – nynfgwebsite@gmail.com

Nar-Anon World Service Organization
www.nar-anon.org

New York Region
www.nynaranon.org

Nar-Anon Suffolk/Nassau Area
www.naranonsuffolkknassauli.org

Meeting Information HOTLINE
1 888 333-9815

Open and Beginners meetings are especially for newcomers to Nar-Anon, anyone whose personal life has been affected by close contact with an addict, or anyone wanting to learn how the disease of addiction affects the family. Other meetings are for Nar-Anon members only and are considered closed.
Note: You need only be affected by close contact with an addict to be considered a member.
Narateen Meetings are designed for teen Nar-Anon members.