

SATURDAY'S

Circle of Hope Group (Monterey, CA)

Only the first Saturday of the month

Time: 9:00 am PST

Meeting ID: 745 977 7458

No Password

Twelve Step Study Workshop (Simi Valley)

Last Saturday of the Month

Time: 6:30 pm PST

Meeting ID: 884 0262 1415

Password: 832671

SUNDAY'S

Saving OurSelves (Santa Cruz, CA)

Time: 6:30 pm PST

Zoom Meeting ID:

<https://us02web.zoom.us/j/7459777458>

Meeting ID: 745 977 7458

NFG Step Study (Steps 6-12)

Time: 12 pm PST

Meeting ID: 745 977 7458

No Password

NFG Step Study (Steps 1-5)

Time: 1 pm PST

Meeting ID: 745 977 7458

No Password

Peace and Serenity on Sunday (Los Gatos)

Time: 6:45 PM PST

Meeting ID: 941 0749 3132

Passcode: serenity

Date:12/29/2024

HELPFUL TIPS:

- 1. Put your phone on silent so it does not cause any disruptions.*
- 2. Mute your mic unless we are all reading out loud together or if you are speaking. If you do not mute yourself, every sound in your home gets picked up and this could cause a distraction. Depending on what viewing mode you are using, the main screen focuses on the person speaking. So if you are not muted but noise is coming from your end, the screen will show you, as opposed to the person who is sharing*
- 3. As with a regular meeting there is one Chairperson who will open up. Depending on the size of the meeting there may be a timekeeper to make sure that everyone gets a fair opportunity to share.*
- 4. If you have your video on, you can raise your hand to signal you would like to share. You can also message the Chairperson directly on zoom (Zoom has a chat feature). If you are using Audio Only you can just introduce yourself and share when its silent.*
- 5. Regarding the format - it will be very similar if not exact to the regular in person meeting. Since hosting meetings online is still a new thing for us, we can work together and discuss what format to use moving forward.*
- 6. Not a rule, but just a helpful tip: If you are using Zoom on a computer, when muted, you can hold the space bar down and it will temporarily unmute you as long as it's being held.*

NEW YORK REGION
NAR-ANON FAMILY GROUPS
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ZOOM MEETING LIST – California

Updated: January 2025

The Nar-Anon Family Group is primarily for you who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. We have traveled that unhappy road too, and have found the answer with serenity and peace of mind. When you come into the family group, you are no longer alone, but among true friends who understand your problem as few others could.

Nar-Anon World Service Organization

www.nar-anon.org

1 (800) 477-6291

New York Region

www.nynaranon.org

Nar-Anon Suffolk/Nassau Area

www.naranonsuffolknassauli.org

Please view our website for any update to this list.

Any Question about this list Email

snnfgweb@gmail.com

Anyone whose personal life has been affected by close contact with an addict, or anyone wanting to learn how the disease of addiction affects the family. Other meetings are for Nar-Anon members only and are consider closed.

Note: You need only be affected by close contact with an addict to be considered a member.

Nar-Anon members to call between meetings

NAME

PHONE NUMBER

MONDAY'S

Monday Nite Miracles Group (Seaside, CA)

Time: 6:30pm PST

Zoom Meeting ID: <https://zoom.us/j/7459777458>

Meeting ID: 7459777458

A Better Way to Lived (Temecula, CA)

Time: 7:00 pm PST

Meeting ID: 872 4812 9359

Password: Temecula

(Claremont, CA)

Time: 6:30 pm PST

Meeting ID: 812 247 4278

Password: 379103

TUESDAY'S

In the Solution Group (Monterey, CA)

Time: 6:30 pm PST

<https://zoom.us/j/93264701592?pwd=ZXF6cUR4VUVV3ZU0xcCtJT1JrbFU3Ut09>

Meeting ID: 932 6470 1592

Password: 049795

(Santa Clarita, CA)

Time: 7:00PM PST

Meeting ID: 843 5317 3785

Passcode: 474788

WEDNESDAY'S

Guide to Serenity Group (Gilroy, CA)

Time: 7:30 pm PST

<https://us02web.zoom.us/j/7459777458>

Meeting ID: 745 977 7458

Password: none

WEDNESDAY'S

Candle Light Group (Atascadero, CA)

Moving to Tuesdays, January 7, 2025

Time: 6:00 pm PST

<https://usweb.zoom.us/j/9622810477>

Meeting ID: 962 281 0477

Password: None

San Bernardino, CA

Time: 6:30 pm PST

Meeting ID: 792 4548 8209

Password: 6NtQYP

Hope for Today (Lancaster, CA)

Time: 7:00 pm PST

Meeting ID: 470 050 2383

Password: antelope

THURSDAY'S

Winds of Changed Group (Hollister, CA)

Time: 7:00 pm PST

Zoom Meeting ID: <https://us02web.zoom.us/j/7459777458>

Meeting ID: 745 977 7458

(Fountain Valley, CA)

Time: 7:00 pm PST

Meeting ID: 893 7983 0257

Password: hope

Hope Never Ends (Hesperia, CA)

Time: 7:30 pm PST

Meeting ID: 893 7983 0257

Passcode: hope

(Thousand Oaks, CA)

Time: 7:30 pm PST

Meeting ID: 845 5457 9624

Password: 820108

THURSDAY'S

Vision of Hope Group (Los Gatos, CA)

Time: 7:30 pm PST

Zoom Meeting ID:

<https://us02web.zoom.us/j/86499034930?pwd=MEdLU1RqSjVpaU1BR1Y2OGF6eTdQUt09>

Meeting ID: 864 9903 4930

Password: 4242

(Torrance, CA)

Time: 7:30PM PST

Meeting ID: 720 707 2699

Passcode: 090098

Ontario Marble Meeting (Ontario, CA)

Time: 9:00 am PST

Meeting ID: 854 7733 8491

Password: Marble

FRIDAY'S

I Can be Free Group (Santa Barbara, CA)

Time: 6:00 pm PST

Zoom Meeting ID:

<https://ucsc.zoom.us/j/203487999?pwd=bFN1OENxSWl6cW9vdFEzTmFEcFcyZz09>

Meeting ID: 745 977 7458

(Lakewood)

Time: 7:00 PM PST

Zoom Meeting ID: 936 9808 6516

No Password:

SATURDAY'S

Torrance, CA

Time: 11:00 am PST

Meeting ID: 108 991 827

Password: 154701
